**Holidays**

Holidays are a great time for people of different ages. What’s the point of going on holiday? Especially a family holiday? Holidays are supposed to do you good- they relax you, take your mind off the stress and strains of work, recharge your batteries for the long cold winter. We swim, visit the museums, go on excursions, go camping and backpacking and what not!

A beach holiday. A lot of people like to visit hot countries and relax in the sunshine by the sea. They also love swimming and water sports. Sun, sand and sea – that’s all they need.

A backpacking holiday. Many people think that it is great to have the freedom to travel from country to country. Backpacking is so flexible! People see as much as they can. They walk a lot and stay in hostels and bed and breakfast places which tend to be away from the main tourist areas. They also talk to the local people.

Camping. Camping holidays are becoming more and more popular for many reasons. Firstly, it is so economical. Secondly, camping gives you a sense of freedom. Thirdly, it’s a great way to get away from it all and explore unspoiled countryside. Moreover, you are close to nature when you are camping. Lastly, camping lets you develop skills that you may have never known that you had. You can learn to cook outdoors, fish, set up a tent, build a fire and so on.

Sightseeing. For many people sightseeing is the most favorite way of spending holidays. They like to see places of interests such as famous buildings and museums. For them, there is nothing better than staying in a nice hotel in the center and visiting all the museums and art galleries. They also love visiting ancient ruins learning the history of the places they are visiting. Sightseeing is also very educational.

Ecotourism. Ecotourism is becoming popular and fashionable all over the world, especially with people who try to damage the environment as little as possible. Tourist visit places of natural beauty, they usually travel on foot, by bicycle or boat so that there is no pollution. They stay in local houses or hostels and eat local food. They must keep places that they visit clean and safe. The principles of ecotourism are “leave nothing behind you except footprints and take nothing away except photographs” and “take as much care of the places that you visit as you take of your own home”. If people remember these simple rules, we will be able to safe our planet and to conserve the wild life.